




7-Day Devotional: The Unseen Enemy – Overcoming a Scarcity Mindset

This 7-day devotional explores the concept of overcoming a scarcity mindset through Biblical teachings and reflections. Each day focuses on a different aspect of trusting in God's abundance and provision, using stories from scripture to illustrate key lessons. Join us on this week-long journey to transform your perspective from scarcity to abundance.

 by Shana Delossantos

Day 1: Identifying the Enemy

Scripture

John 10:10 (ESV) "The thief comes only to steal and kill and destroy. I came that they may have life and have it abundantly."

Reflection

The scarcity mindset is rooted in fear—a fear that there won't be enough to go around, be it resources, opportunities, or blessings. This mindset limits our faith, generosity, and even our relationship with God. Today, ask God to reveal areas in your life where you may be operating from scarcity. Pray that He replaces these fears with a vision of His abundance.

Question

Where in your life do you find yourself worrying there won't be enough?

Day 2: Drought and Dependence

1

Scripture

1 Kings 17:1 "Now Elijah...said to Ahab, 'As the Lord...lives, before whom I stand, there shall be neither dew nor rain these years, except by my word.'"

2

Reflection

When Elijah announced a drought, it marked a severe test of dependence on God. Scarcity can feel like a drought, drying up comfort zones and resources we rely on. In such seasons, God often uses lack to teach us about true reliance on Him. Today, ask God to help you trust Him in dry seasons and know that He sustains you through it all.

3

Question

What resources or comforts has God asked you to let go of in order to depend on Him?

Day 3: The Hidden Blessing of Isolation

1

Scripture

1 Kings 17:3 "Depart from here and turn eastward and hide yourself by the brook Cherith..."

2

Reflection

God led Elijah to a secluded place where he experienced both cutting off and cutting away. God often works in our hidden seasons to prepare us for public impact. Isolation can feel like lack, but God uses it to grow faith and resilience. Seek God in your private seasons and trust that He is preparing you for what's next.

3

Question

Are you in a season of waiting or isolation? How might God be working in you during this time?

Day 4: Scarcity's Test of Obedience

Scripture

1 Kings 17:5-6 "So he went and did according to the word of the Lord... and the ravens brought him bread and meat in the morning..."

Reflection

Elijah trusted and obeyed God, even when provision came in unexpected ways—through ravens. This obedience opened doors to a miraculous supply. God may use unusual means to provide for you, testing your obedience and trust. Reflect on an area where God is asking you to step out in faith, even if it seems impossible.

Question

In what ways is God challenging you to obey Him despite circumstances?

Day 5: The Blessing of Putting God First

1

Scripture

1 Kings 17:13-14 "But first make me a little cake...and afterward prepare some for yourself and your son."

2

Reflection

The widow of Zarephath was in a desperate situation, yet Elijah asked her to give first. Her obedience opened up endless provision. We too are challenged to place God first, even when we feel we don't have enough. Consider how you can prioritize God in your time, resources, or talents today.

3

Question

What might it look like for you to put God first, even in scarcity?

Day 6: Letting Go of the Scarcity Mindset



Give

Scarcity tells us to hoard, but God's Kingdom operates on generosity.



Receive

Giving, especially when we feel we don't have enough, breaks the grip of scarcity and opens us up to God's overflowing blessings.



Trust

Challenge yourself to be generous today and see how God responds to your faith.

Scripture: Luke 6:38 "Give, and it will be given to you: good measure, pressed down, shaken together, and running over..."

Reflection: What can you give today to push back against the fear of scarcity?

Day 7: Trusting God as the God of 'More Than Enough'

Scripture	1 Kings 17:16 "The jar of flour was not spent, neither did the jug of oil become empty, according to the word of the Lord..."
Reflection	God's supply doesn't just meet needs; it goes beyond, teaching us that He is the God of abundance. When we place our faith in Him, our "not enough" becomes more than enough. Praise God today for being your Provider, and choose to trust Him in every area where you feel you lack.
Question	How has God provided in ways you didn't expect? Write a prayer of gratitude, praising Him for His faithfulness.